Cost of Living Disability Support

October 2023

Personal Independence Payent

PIP is the disability benefit for people aged 16 to State Pension age. It provides financial help towards some of the extra living costs arising from having a long-term physical or mental health condition and you have difficulty doing certain everyday tasks or getting around.

MORE INFORMATION

Attendance Allowance

This is a tax-free benefit that you get if you are State Pension age or over and need help with personal care because of a physical or mental disability.

MORE INFORMATION

Disability Living Allowance (Child)

This a tax-free benefit that provides financial help towards the extra costs of bringing up a child (under 16) who has a disability.

MORE INFORMATION

Direct Payments

Direct payments are local Health and Social Care (HSC) Trust payments for people who have been assessed as needing help from social services and, would like to arrange and pay for their own care and support services instead of receiving them directly from the local trust.

MORE INFORMATION

Carer's Allowance

If you are over 16 and spend at least 35 hours per week caring for someone who is ill or has a disability and is in receipt of a qualifying benefits, you could be eligible for this payment.

MORE INFORMATION

Access to Work Northern Ireland

This scheme helps support people with a disability who would like to take up employment or who are in work and are experiencing a difficulty related to their disability. It offers advice and help in a flexible way that can be tailored to suit the needs of an individual. The programme can also help employers who wish to recruit or retain people with disabilities in employment.

MORE INFORMATION

Disabled Person's Allowance

This scheme run by the Land & Property Services and provides a 25% reduction in rates when a property has been suitably adapted for the benefit of a disabled person living in the property. There must be a clear link between how the property has been adapted and the person's disability.

MORE INFORMATION

Disabled Student's Allowance

This scheme for higher level students offers additional funding to help students with extra essential costs as a direct result of their disability.

MORE INFORMATION

Transport Costs

There are different public transport concessions for people with a disability in Northern Ireland.

MORE INFORMATION

Disabled Facilities Grant

This grant from the Housing Executive helps to adapt the home of a person with a disability and is based on the recommendation of an occupational therapist. Owner occupiers, landlords or private tenants can get help to carry out adaptations if there is a person with a disability living in the house.

MORE INFORMATION



For more information, resources and advice visit

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